

The Jonsson-Abbott scale (JAS)

To what extent do you agree or not regarding the following statements about your gambling the last 12 month?

Answer on a scale between 1 and 7 where 1 means you do not agree at all and 7 that you agree completely.

	Do not agree at all				Agree completely		
1. I gamble for the excitement	1	2	3	4	5	6	7
2. Gambling is among the most enjoyable things there are	1	2	3	4	5	6	7
3. Gambling can make me forget everything else for a while	1	2	3	4	5	6	7
4. My gambling gives me friends	1	2	3	4	5	6	7
5. I gamble for more money than intended	1	2	3	4	5	6	7
6. I gamble a longer time than intended	1	2	3	4	5	6	7
7. I gamble when I should have done other things	1	2	3	4	5	6	7
8. When gambling, I find it hard to stop	1	2	3	4	5	6	7
9. My gambling is a way to make money	1	2	3	4	5	6	7
10. When I win, it is due to my skill	1	2	3	4	5	6	7
11. If I just gamble enough, my gambling will pay off	1	2	3	4	5	6	7

Categories:

Item 1-4: Reinforcer

Item 5-8: Over consumption

Item 9-11: Gambling fallacy